



Get in Shape with Unified Fitness

The University of Vermont Department of Rehabilitation and Movement Science in partnership with Special Olympics Vermont will host an eight-week Unified Fitness Club. People with intellectual disabilities, ages 16 – 35, are invited to join the club for weekly fitness sessions led by UVM students.

September 28 – November 16
Thursdays from 5-7pm
Rowell Building, UVM
(1-hour time slots will be assigned)

For more information and to register:

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